

TAKEDOWN KING

2023 June 19, 20, & 21



SUMMER
CAMPS



TAKEDOWN KING CAMP - JUNE
19-21, 2023 - (Neutral:
positioning, attacks, finishes...

twamissouri.com

THE CAMP...

Per the title, at this camp we will focus only on the Neutral position. The Takedown King camp will focus on hand fighting, positioning, and set-ups for offensive attacks: singles legs, high crotches, double legs, front headlocks and pretty much anything else that will help you score 2 points. We will also cover defense, and counter-offense as well. Takedown King Camp is open to all wrestlers ages 9 through 18 and will run Monday through Wednesday from 9:00 am to 3:00 pm at Thoroughbred Wrestling Academy: 10892 Missouri 21 Business Hillsboro, Missouri 63050

Please complete our online Waiver and Acknowledgment Form prior to attending any camps or practices. We must have a waiver on file before any student can participate at TWA.

WWW.TWAMISSOURI.COM/CAMPS/TAKEDOWNKING



**SALE PRICE ENDS
APRIL 30.**

Sale: \$150
Reg: \$170

JUNE 19-21, 2023
9:00 am - 3:00 pm

**MORE INFORMATION &
ADDITIONAL CAMPS:**



twamissouri.com

ALCATRAZ CAMP

2023 July 24, 25, & 26



SUMMER
CAMPS



ALCATRAZ (TOP) CAMP - JULY
24-26, '2023 - (Top:
breakdown, rides, turns, &...

twamissouri.com

THE CAMP...

Alcatraz was an inescapable prison that was located in the San Francisco Bay. It is well documented that no one has ever escaped from Alcatraz; once you attend this camp your top game will also be inescapable! This camp will focus on breakdowns, turns, and pinning combinations.

Alcatraz Camp is open to all wrestlers ages 9 through 18 and will run all three days from 9:00 am to 3:00 pm at Thoroughbred Wrestling Academy:
10892 Missouri 21 Business
Hillsboro, Missouri 63050

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WWW.TWAMISSOURI.COM/CAMPS/ALCTATRAZ



**SALE PRICE ENDS
APRIL 30.**

Sale: \$150
Reg: \$170

JULY 24-26, 2023
9:00 am - 3:00 pm

**MORE INFORMATION &
ADDITIONAL CAMPS:**

 twamissouri.com

HOUDINI CAMP

2023 August 31 - July 2



SUMMER
CAMPS



HOUDINI (BOTTOM) CAMP -
JULY 31-AUGUST 2, '2023 -
(Bottom: positioning, escape...

twamissouri.com

THE CAMP...

Harry Houdini was a true escape artist. The TWA Houdini Camp will teach you the magic-like escapes and reversals that have been so effective throughout Marcus' career! We will be working hand control to stand-ups, knee slides, sit-outs, Petersons, and much much more!

Houdini Camp is open to all wrestlers ages 9 through 18 and will run all three days from 9:00 am to 3:00 pm at Thoroughbred Wrestling Academy:
10892 Missouri 21 Business
Hillsboro, Missouri 63050

Please complete our online Waiver and Acknowledgment Form prior to attending any camps or practices. We must have a waiver on file before any student can participate at TWA.

WWW.TWAMISSOURI.COM/CAMPS/HOUDINI

HOUDINI
BOTTOM CAMP
THOROUGHbred WRESTLING ACADEMY

**SALE PRICE ENDS
APRIL 30.**

Sale: \$150
Reg: \$170

JULY 31- AUG 2, 2023
9:00 am - 3:00 pm

**MORE INFORMATION &
ADDITIONAL CAMPS:**

 twamissouri.com

OVERNIGHT/INTENSIVE **TOUGHEST CAMP EVER**



SUMMER
CAMPS

2023 JUNE 27-30



JUNE 27-30, '2023 - TOUGHEST
CAMP EVER (Intensive Training
Camp; Overnight & Meals...

twamissouri.com

THE CAMP...

TWA's TOUGHEST CAMP EVER! is an intensive training camp for students who are not only serious about taking their skills to the next level, but who are also looking to gain an edge physically and mentally for Fargo and/or Preseason tournaments, or maybe you just need to find that next level before next season.

This camp is intense by nature but dynamic in design. The camp offers technique, intense drilling, strength and conditioning, as well as mental training and match management strategies. The camp will test you physically and mentally, providing an in-depth look at preparation, position, and execution of technique. Please come to camp prepared to test yourself and push your boundaries; you will break down barriers that have held you back in the past!

TWA's TOUGHEST CAMP EVER! is open to all wrestlers ages 12 through 18 and will run Tuesday through Friday at Thoroughbred Wrestling Academy:
10892 Missouri 21 Business Hillsboro, MO 63050

Please complete our online Waiver and Acknowledgment Form prior to attending any camps or practices. We must have a waiver on file before any student can participate at TWA.

WWW.TWAMISSOURI.COM/CAMPS/TOUGH



**SALE PRICE ENDS
APRIL 30.**

Sale: \$350
Reg: \$380

JUNE 27-30, 2023
Lodging/Meals
Provided

**MORE INFORMATION &
ADDITIONAL CAMPS:**

 twamissouri.com

YOUTH CAMP #1 & #2



SUMMER
CAMPS

2023 JUNE 12-14 & JULY 10-12



YOUTH CAMP #1 - JUNE 12-14,
2023 (Technique, Live,
Mindset, Conditioning, Game...
twamissouri.com



YOUTH CAMP #2 - JULY 10-12,
2023 (Technique, Live,
Mindset, Conditioning, Game...
twamissouri.com

THE CAMP...

Our philosophy for our youth camps is to get wrestlers focused on learning new techniques while having fun in a relaxed environment.

We think it is great for young wrestlers to stay involved in the sport during the summer, even if it is just doing a camp or two. We realize that many of you play baseball and do other things during the summer. The TWA Youth Camp will give you the chance to come in and keep your skills sharp. The youth camp is open to grades k-5 but only limited to 40 spots.

Camps fill up very quickly so make sure you get your spot today!! Please don't hesitate to contact us if you have a question. You can use the chat bubble at the bottom of this screen. Youth Camps are three days in length for three hours each day.

Youth Camp #1 & #2 will all be held at Thoroughbred Wrestling Academy:

10892 Business 21
Hillsboro, MO 63050

Please complete our online Waiver and Acknowledgment Form prior to attending any camps or practices. We must have a waiver on file before any student can participate at TWA.

WWW.TWAMISSOURI.COM/CAMPS/YOUTH



**SALE PRICE ENDS
APRIL 30.**

Sale: \$105

Reg: \$130

YOUTH #1: JUNE 12-14

YOUTH #2: JULY 10-12

**MORE INFORMATION &
ADDITIONAL CAMPS:**



twamissouri.com